

Natural High Wall - Guide



CHECK LIST

- 30 - 45 min
- Paper
- Markers
- Pens
- Pictures
- Magazines

ACTIVITY DESCRIPTION

Give your students a chance to display one of the most important aspects of their lives, their natural highs.

THE STEPS

1. Review your materials checklist.
2. Create a wall space in your classroom for students to display their completed poster boards.
 - a. Set up a wall with a border and background paper
3. EXPLAIN THE ACTIVITY TO YOUR STUDENTS:
Now that you have a made a natural high board, we encourage you to share with your peers by placing your board on our Natural high wall. Throughout the year as youth begin to live their natural high, add a big check mark! See how many students living their natural high. Encourage students to share positive experiences, achievements as they live their natural high.
4. BEGIN ACTIVITY:
If students do not want to share their board, encourage them to place something in replacement of it.

The Outcome: You have created a space that acknowledges and encourages your students to live their natural highs.



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