

# Donald Brown

## WORKSHEET QUESTIONS



Want to share your natural high with Donald Brown? Tweet him @Donaldb31 with #LiveNaturallyHigh. He might tweet back!

1. Give three adjectives (descriptive words) to describe what it must be like to walk onto a football field and hear a crowd cheer, feeling a dream become a reality.

2. What were the things that kept Donald Brown going when others said that he wouldn't make it as an NFL football player.

3. Complete the sentence: "The more you say no.... \_\_\_\_\_."  
Share your answers.

4. What can you do if you still don't know your natural high?

5. What is Donald Brown's natural high?



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