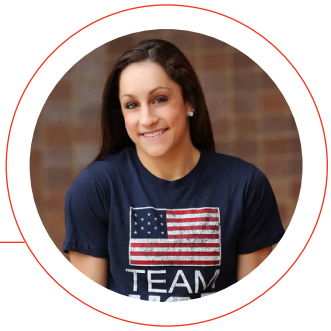
Jordyn Wieber

WORKSHEET QUESTIONS



Want to share your natural high with Jordyn Wieber? Tweet her @jordyn_wieber with #LiveNaturallyHigh. She might tweet back!

1. According to Olympic athlete Jordyn, what does her natural high (gymnastics) feel like?

2. How did Jordyn's family influence her to become an athlete?

3. Who were some of Jordyn's role models growing up?

4. How did Jordyn overcome her loss of an individual competition medal at the 2012 Olympics?

5. What does Jordyn do that would be considered "normal" teenage activities?

6. According to Jordyn, what could she be giving up if she chose to make a bad decision like using drugs?

Natural High is a 501(c)(3) nonprofit organization that relies on the generosity of individuals, corporations and foundations to help youth discover, amplify and pursue their own natural high so they have a reason to say no to an artificial high.