

P.O.D.

WORKSHEET QUESTIONS



Want to share your natural high with P.O.D.? Tweet them @POD with #LiveNaturallyHigh. They might tweet back!

1. Wuv Bernardo of P.O.D. talked about his father's life and how his life was affected by the use of drugs. What were the short and long term effects of drugs on his father's life?
2. Sonny Sandoval of P.O.D. said, "Look around you and see for yourself the effects that drugs have on people." Whether it's kids in school, friends or family members, can you identify people you know and see the effect that drugs have on them? If so, explain.
3. Wuv stated that "It all comes down to you having respect for yourself." What does Wuv mean?
4. Wuv said that he felt like he never really had any peer pressure. Why do you think that is?
5. Wuv said that he had "REAL homies." What did he mean?
6. What did Wuv mean when he said that he was going to "catch a natural"?
7. Why is choosing friends that think like you do so important?
8. What is your natural high and how would drugs affect it now and later?
9. If you could make a future goal involving your natural high, what would it be and what decisions would you start making today to make your goal become a reality?



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