

Switchfoot

WORKSHEET QUESTIONS



Want to share your natural high with Switchfoot? Tweet them @switchfoot with #LiveNaturallyHigh. They might tweet back!

1. Chad Butler said that his natural high is, "Waking up in the morning knowing that this day could be the best day of my life." He also said, "I want to make the most of every day." How would doing drugs effect your ability to make the most of every day?
2. Jon Foreman said, "It's not a matter of saying no to drugs, but rather saying yes to all the other alternatives." What do you think he meant?
3. Switchfoot said they did not want to risk something for drugs. What was it?
4. Drew Shirley said that people make excuses to do drugs by saying they need to escape from their problems. "Drugs act as a mask," Drew said. What does he mean?
5. Describe how Switchfoot handles the situation when they are offered drugs backstage during a performance.
6. What did Chad Butler mean when he said that you can't be afraid to "Call it"?



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