

Spreading Resilience Poster Series

LEARNING OBJECTIVE

I will be able to create a poster series that defines resilience and encourages my peers to be resilient in the face of frustrations or difficulties.

DIRECTIONS

Resilience is the trait or character strength which allows us to overcome frustrations and setbacks, finish whatever we begin, and generally push on towards our dreams. However, sometimes it can be hard to know when we are in a situation that requires resilience. With your team, you are going to create a series of 3–5 posters that spread that message about resilience. Your posters can form a sequence, feature similar characters, or be related however you like.

Your poster series must:

- Make the key point that resilience is the ability overcome frustrations and setbacks
- Involve specific examples of times when resilience is required
- Be clear, organized, and easy to understand

PLANNING SPACE

It is important to plan your end result for the project before beginning. That way, you can make sure the critical details look the way you would like. Answer the questions below to plan your drawings and text, then try out a rough draft.

- **Key Point:** What is the main idea of your poster(s)? Write 1 or 2 bullet points below.
- **Facts to Include:** Write down 2–4 facts you want to include with your poster series.
- **Pictures to Include:** Are there any other images you want to show up on your posters?

Try a rough draft!



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