

Peer Influence Brown Bag Challenge - Guide



CHECK LIST

- 30 - 45 min
- A brown bag for each participant
- Recycled scratch paper

ACTIVITY DESCRIPTION

Help your students find the good in everyone. Each student will receive a brown bag with their name on it and will be asked to write 1 nice thing about each of their classmates and put their personal note in each student's bag. You as their teacher will have a bag that students will write notes from and you too will participate as well!

THE STEPS

1. Review your checklist.
2. Pass out supplies.
3. EXPLAIN THE ACTIVITY:
 - a. Please write your name on your bag and pass it to the student next to you.
 - b. Look at the name on the bag in front of you and on your scratch paper, please write one special quality, character, personality trait you appreciate or admire about that person. Make it heartfelt. Now, place note into the bag and hand it over.
 - c. Pass completed bag to the student next to you.
 - d. Why are we doing this? Your peers are supposed to lift you up not break you down. Encourage, uplift and raise your peers up and they should do the same for you. We all have weaknesses, but let's us focus on the good and celebrate that in each other!
 - e. Keep your brown bag in a place to reach out for it when you need a lift, are having a bad day, or not quite feeling good. It's your rainy-day letter to help you see the qualities we all see in you!
4. Begin activity.

The Outcome: You have created a supportive, positive peer influencing environment. Your students are lifting each other up for when they encounter challenges and obstacles. But more importantly they are becoming each other's' positive peer influences.



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