

Visualize My Support Team



CHECK LIST

- 10-20 minutes
- Students should collect hard copy photos or have a device to make a digital collage

ACTIVITY DESCRIPTION

Students will create a visual of the people who make up their support team. This could be as simple as creating contacts in their phone or another device so they can easily reach out to their team, and it could be an artistic expression using pictures, drawings, or other items that represent the members of their team.

THE STEPS

1. Make sure students have done the Develop My Support Team exercise.
2. Ask students to collect materials that represent their support team (photos, telephone numbers, and other items). Have students create a visual design of their support team. This could be a paper or multimedia expression (Snapchat Story, a photo album, paper collage, a note to the support team, a blog post, a Facebook group).

The Outcome: Students should keep this as a reminder to themselves that they have a group of people they can lean on in times of celebration and in times of crisis. This will be a physical reminder - whether it comes up when they look up on their bedroom wall, open their phone contacts, or when they log into social media.



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